

Certificate of Course Accuracy



South of England **Course Number : 10/250**

Race Name : Langham 10 Kilometre

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County : Essex

Distance : 10km

Date of Race : 12 Sep 2010

Measured : 30 Aug 2010 By : P Felton

Promoter : Langham Primary School

Drop : -

Separation : -

IAAF limits for record times are - Drop: 1 m/km; Separation: 50%

No pavements or footpaths to be used.

This is to certify that the length of the above road race has been accurately measured by an accredited Course Measurer using IAAF procedures approved for use in the UK. A complete record of the measurement is held by the Area Measurement Secretary. The measurement remains valid for 10 years provided no changes are made to the course. The start/finish and the route must be set out **EXACTLY** as defined in the measurement report. Any modification will need to be measured for a new certificate.

Signed: *Mike Sandford*

Area Measurement Secretary - South of England

Date: **5 Sep 2010**

NOTES

1. This certificate is valid only for the race held on the date or dates specified.
2. The race director must consult the measurement report and lay out the course exactly as described by the measurer.
3. If there are changes to the start/finish, the route, the section of road/pavement available to runners, or the marshalling on corners then a measurer must be contacted in good time so that he can make any remeasurement/adjustments which are necessary. In the event of changes a new certificate will then be issued after receipt of the course measurer's report.
4. If the course is EXACTLY the same then this certificate may be renewed for subsequent races up to 10 years after the original measurement. To renew this certificate for a subsequent race, go to coursemeasurement.org.uk/renew and enter the course number for the measurement area South: 10250

and the following unique renewal code for this course number: 373tmo

3 = three

7 = seven

3 = three

t = tango

m = mike

o = oscar

Contact the Area Measurement Secretary for the South of England:

Mike Sandford, 22 Stevenson Dr., Abingdon, Oxon, OX14 1SN. Tel: 01235 532207

Email: m.sandford@lineone.net

The SOUTH MEASUREMENT AREA covers courses in the following counties:

Beds, Berks, Bucks, Cambs, Cornwall, Devon, Dorset, Essex, Guernsey, Hants, Herts, IOW, Jersey, Kent, London, Middx, Norfolk, Oxon, Somerset, Suffolk, Surrey, Sussex, Wilts. This is the area formerly governed by the SEAA.

Issued to race director:

**P. Thompson
352 Old Heath Road
Colchester
Essex CO2 8DD**