

<b>Number</b>	<b>Forename</b>	<b>Surname</b>	<b>Gender</b>	<b>Running Club</b>	<b>Local</b>
5001	Frederick	Adams	Male	Ipswich Harriers	No
5002	Lee	Allen	Male	Harwich Runners	No
5003	Paul	Anderson	Male	Springfield Striders RC	No
5004	Faye	Ayling	Female		No
5005	Rachel	Ayling	Female		No
5006	Vanessa	Banks	Female		No
5007	Jordan	Beaumont	Male		No
5008	Josephine	Beer	Female	Stowmarket Striders RC	No
5009	Kate	Beer	Female	Stowmarket Striders RC	No
5010	Philip	Beer	Male	Stowmarket Striders RC	No
5011	Jasmine	Bilner	Female	Ipswich Jaffa RC	No
5012	Maria	Bilner	Female	Ipswich Jaffa RC	No
5013	Angela	Brinkley	Female	Stowmarket Striders RC	No
5014	Jason	Brunt	Male	Norfolk Gazelles AC	No
5015	Chris	Burgoyne	Male	Springfield Striders RC	No
5016	Neil	Catley	Male	Felixstowe RRC	No
5017	Olivia	Catley	Female	Felixstowe RRC	No
5018	Debbie	Cattermole	Female	Colchester Harriers AC	No
5019	Courtney	Collis	Female		No
5020	Kelly	Collis	Female		No
5021	Maddison	Collis	Female		No
5022	Savannah	Collis	Female		No
5023	Teddy	Collis	Male		No
5106	Joelle	Collitt	Female	Boxted Runners	Yes
5024	Thomas	Colsell	Male	Colchester Harriers AC	No
5025	Andrew	Conway	Male	Tiptree Road Runners	No
5026	Wayne	Cook	Male	Colchester Harriers AC	No
5027	Tara	Corbett	Female	Grange Farm & Dunmow Runners	No
5028	Noah	Cox	Male	Jogging Made Easy	No
5029	Vic	Curren	Female	Springfield Striders RC	No
5030	Owen	Dare	Male	Witham RC	No
5031	Stuart	Darney	Male	Springfield Striders RC	No
5032	Matt	Davey	Male	Tiptree Road Runners	No
5033	Sue	Dempsey	Female		No
5034	Jeremy	Downs	Male	Harwich Runners	No
5035	Ian	Elden	Male	Ipswich Jaffa RC	No
5107	Paris	Emms	Female		Yes
5036	Jack	Evans	Male	TRISudbury	No
5037	Sue	Foley	Female	Running Colchester	No
5108	David	Ford	Male		Yes
5038	Ian	Foskew	Male	Mid Essex Casuals	No
5039	Jet	Gibbons	Female		No
5040	Antony	Goodall	Male	Springfield Striders RC	No
5109	Joseph	Graves	Male	Boxted Runners	Yes
5041	Sam	Greatorex	Male		No
5042	David	Guest	Male		No
5110	Emma	Harris	Female		Yes
5043	Thomas	Hayward	Male		No
5111	Sarah	Hearn	Female		Yes
5044	Carrie	Hook	Female	Harwich Runners	No
5112	Gail	Hughes	Female		Yes
5045	Satish	Janipireddy	Male		No
5046	Stephanie	Jensen	Female		No

5047	Will	Johnston-Wood	Male	Sudbury Joggers	No
5048	Sheryl	Kemp	Female		No
5049	Fliss	Kindred-Kirk	Female	Framlingham Flyers	No
5050	Anthony	Knight	Male	Tiptree Road Runners	No
5051	Stacey	Lane	Female		No
5052	Graham	Langford	Male	Colchester Harriers AC	No
5053	Noah	Langford	Male	Colchester Harriers AC	No
5054	Alex	Manton	Male	Springfield Striders RC	No
5113	Kim	Mason	Female		Yes
5055	Becky	McCorquodale	Female	Harwich Runners	No
5056	Paul	Mills	Male		No
5057	Craig	Mitchell	Male	Colchester Harriers AC	No
5058	Amber	Nicoll	Female		No
5059	Kara	O'Sullivan	Female		No
5060	Annette	Oakman	Female	Colchester Harriers AC	No
5061	Brandon	Pang	Male		No
5062	Gary	Pearson	Male		No
5063	Mark	Peat	Male		No
5064	Stephen	Peck	Male	Harwich Runners	No
5065	Emily	Penkett	Female	Springfield Striders RC	No
5066	Gary	Perryman	Male	Tiptree Road Runners	No
5067	Jess	Preston	Female	Vegan Runners UK	No
5068	Elizabeth	Radley	Female		No
5069	Meera	Rajoo-Oakley	Female	Great Bentley Running Club	No
5070	Jackie	Rattigan	Female		No
5114	David	Rawlings	Male		Yes
5071	James	Richardson	Male		No
5072	Perry	Richardson	Male		No
5073	Sian	Richardson	Female		No
5074	Thomas	Richardson	Male		No
5075	Katherine	Rumble	Female		No
5076	Kelly	Sambridge	Female		No
5077	Shanthi	Sangaralingam	Female		No
5078	Barry	Shaw	Male		No
5115	Sarah	Shelton	Female	Boxted Runners	Yes
5079	Graham	Singleton	Male		No
5080	Jay	Stacey	Male		No
5081	Neo	Stacey	Male		No
5082	Deborah	Standen	Female		No
5083	Malcolm	Statham	Male	Colchester Harriers AC	No
5084	Jane	Sweeting	Female		No
5085	Caroline	Talbot	Female		No
5086	Cheryl	Thomas	Female	Ipswich Jaffa RC	No
5087	Laura	Thomas	Female	Ipswich Jaffa RC	No
5088	Liz	Turnbull	Female		No
5089	Paul	Wain	Male	Ipswich Jaffa RC	No
5090	Anwen	Walkerdine	Female		No
5091	Helen	Wall	Female		No
5092	Heidi	Wardleworth	Female		No
5093	Andrea	Webling	Female		No
5094	Laura	Wells	Female		No
5095	Owen	Williams	Male		No
5096	Denise	Wright	Female	Stowmarket Striders RC	No
5097	Anna	Young	Female	Great Bentley Running Club	No