

<b>Psn</b>	<b>Finish Time</b>	<b>First Name</b>	<b>Surname</b>	<b>Club Name</b>	<b>Category</b>
1	00:34:55	Helen	Decker	Ipswich JAFFA	Female Senior
2	00:35:24	Tim	Topper	Norfolk Gazelles	Male Senior
3	00:35:37	Robert	Reason	Unattached	Male Senior
4	00:36:20	John	Oakes	Haverhill Running Club	Male Vet 50+
5	00:37:32	Rob	Gibby	Colchester Harriers AC	Male Senior
6	00:38:05	Russell	Sharp	Gt Bentley Running Club	Male Senior
7	00:38:22	Kevin	Harper	Witham RC	Male Senior
8	00:38:50	Tim	Hanman	Unattached	Male Senior
9	00:38:54	M	Beckett	Unattached	Male Vet 50+
10	00:38:58	Jon	Byford	Springfield Striders AC	Male Senior
11	00:39:34	Brian	Herrington	Unattached	Male Vet 40
12	00:39:39	Ian	Horritt	East London Runners	Male Senior
13	00:39:59	Bill	Murray	Colchester Harriers AC	Male Vet 50+
14	00:40:03	Peter	Steadman	53-12 Multisports Not Aff.	Male Vet 40
15	00:40:25	Dan	Foster	Gt Bentley Running Club	Male Vet 40
16	00:40:46	Becky	Mccorquodale	Harwich Runners	Female Senior
17	00:40:49	Stuart	Green	Stowmarket Striders	Male Vet 40
18	00:41:10	Terry	Smith	53-12 Multisports Not Aff.	Male Vet 40
19	00:41:33	Matt	Calderbank	Unattached	Male Senior
20	00:41:37	Rodger	Alexander	Colchester & Tendring AC	Male Vet 50+
21	00:41:45	Colin	Wallace	Unattached	Male Vet 40
22	00:41:48	Simon	Radley	Springfield Striders AC	Male Senior
23	00:41:50	Jamie	Ash	Gt Bentley Running Club	Male Senior
24	00:42:03	?	Peterson	Unattached	Male Senior
25	00:42:27	Mick	Poulter	Witham RC	Male Vet 50+
26	00:42:25	Nicola	Pyle	Springfield Striders AC	Female Vet 40
27	00:42:35	Robert	Hobson	Colchester & Tendring AC	Male Vet 40
28	00:43:04	Mike	Grealy	Halstead Road Runners	Male Vet 50+
29	00:43:11	Mike	Ryall	Colchester & Tendring AC	Male Vet 50+
30	00:43:14	Paul	Dellar	Tiptree Road Runners	Male Vet 40
31	00:43:49	Derek	Greenham	Colchester & Tendring AC	Male Vet 40
32	00:43:57	Kate	Sandercock	Colchester Harriers AC	Female Senior
33	00:44:09	Peter	Coleman	Ipswich JAFFA	Male Vet 50+
34	00:44:23	Allan	Ramsey	Unattached	Male Senior
35	00:44:32	Ed	Walker	Unattached	Male Junior
36	00:44:36	Lynn	Tanner	Springfield Striders AC	Female Vet 50+
37	00:44:38	Duncan	Humphries	Unattached	Male Senior
38	00:44:41	Martin	Avent	Tiptree Road Runners	Male Vet 40
39	00:44:43	Laura	Hillyard	Colchester & Tendring AC	Female Junior
40	00:45:00	Benjamin	Rassell	Unattached	Male Senior
41	00:45:27	Janine	Simpson	Unattached	Female Senior
42	00:45:29	Kate	Bullock	Unattached	Female Senior
43	00:45:30	Tim	Flack	Unattached	Male Junior
44	00:45:31	Lara	Townsend	Gt Bentley Running Club	Female Senior
45	00:45:35	Sandra	Allison	FERC	Female Vet 40
46	00:45:48	Shawn	Leek	Unattached	Male Senior
47	00:46:12	Tom	Allison	Unattached	Male Senior
48	00:46:13	Sebastian	Struth	Unattached	Male Junior
49	00:46:14	Mark	Baker	Colchester Harriers AC	Male Vet 40
50	00:46:15	Richard	Flutter	Unattached	Male Vet 40
51	00:46:16	James	Lynch	Unattached	Male Vet 40
52	00:46:17	Martin	Warner	Unattached	Male Vet 40

53	00:46:18	Stephen	Ellis	Unattached	Male Vet 40
54	00:46:19	Hannah	Wood	Ipswich JAFFA	Female Senior
55	00:46:33	Martin	Ablett	Stowmarket Striders	Male Senior
56	00:46:42	Laura	Stott	Colchester Harriers AC	Female Senior
57	00:46:44	Christopher	Lee	Unattached	Male Vet 50+
58	00:46:46	Kevin	Payne	Mid Essex Casuals	Male Vet 40
59	00:46:47	Alan	Gorman	Unattached	Male Senior
60	00:46:57	John	Cooks	Colchester Harriers AC	Male Vet 40
61	00:47:03	Sue	Cole	Colchester Harriers AC	Female Vet 50+
62	00:47:22	Charlie	Mahoney	Unattached	Male Junior
63	00:47:24	Clare	Adams	Unattached	Female Vet 40
64	00:47:24	Tony	Nunn	Unattached	Male Senior
65	00:47:29	James	Collins	Unattached	Male Vet 40
66	00:47:39	Mike	Rosbrook	Hadleigh Hares A.C.	Male Vet 50+
67	00:47:40	Wendy	Aldridge	Unattached	Female Vet 40
68	00:47:41	Rob	Hadgraft	Tiptree Road Runners	Male Vet 50+
69	00:47:45	Lorraine	Wilkin	Springfield Striders AC	Female Vet 40
70	00:47:53	Joanne	Mckay	Gt Bentley Running Club	Female Senior
71	00:47:57	Ian	Linton	Tiptree Road Runners	Male Vet 50+
72	00:48:06	Alex	Macfarlane	Military Police AA	Male Vet 50+
73	00:48:14	David	Ingleby	Hadleigh Hares A.C.	Male Vet 50+
74	00:48:22	John	Penny	Unattached	Male Vet 50+
75	00:48:24	Gary	Pearson	Unattached	Male Vet 40
76	00:49:06	Carla	Holroyd	Harwich Runners	Female Vet 50+
77	00:49:09	Paul	Millard	Unattached	Male Senior
78	00:49:32	Terry	Brooker	53-12 Multisports Not Aff.	Male Vet 40
79	00:49:37	Ian	Brown	Unattached	Male Vet 40
80	00:49:58	Jonathan	Price	Sudbury Joggers	Male Vet 50+
81	00:50:12	Darren	Willey	Unattached	Male Senior
82	00:50:15	Simon	Page	Unattached	Male Vet 50+
83	00:50:43	Jo	Carrigan	Unattached	Female Senior
84	00:50:49	Samantha	Tree	Unattached	Female Senior
85	00:50:54	Martin	Reakes	Unattached	Male Vet 40
86	00:51:27	Victoria	Law	Gt Bentley Running Club	Female Senior
87	00:51:56	Paul	Brown	Unattached	Male Junior
88	00:51:56	Petra	Knight	Unattached	Female Senior
89	00:52:13	Clare	Hamblin	Unattached	Female Vet 40
90	00:52:44	Tony	Emms	Unattached	Male Vet 50+
91	00:52:49	Greg	Potts	Springfield Striders AC	Male Vet 40
92	00:53:00	Barbara	Law	Gt Bentley Running Club	Female Vet 50+
93	00:53:40	John	Mckay	Gt Bentley Running Club	Male Vet 50+
94	00:53:55	Geoff	Smith	Unattached	Male Senior
95	00:54:13	Karen	Day	Unattached	Female Vet 40
96	00:54:20	Ayten	Gillingham	Unattached	Female Senior
97	00:54:44	Liam	Robinson	Unattached	Male Vet 40
98	00:54:44	Jacqui	Hassinger	Unattached	Female Vet 40
99	00:54:53	Audrey	Haggis	Unattached	Female Vet 40
100	00:57:00	Richard	Beetle	Military Police AA	Male Vet 40
101	00:57:16	Shirley	Hillyard	Colchester & Tendring AC	Female Vet 50+
102	00:57:39	Sue	Mckay	Gt Bentley Running Club	Female Vet 50+
103	00:58:22	Dawn	Shilling	Tiptree Road Runners	Female Senior
104	00:58:37	Peter	Wood	Unattached	Male Vet 40
105	00:58:47	Rebekah	Goodwin	Unattached	Female Senior

106	00:58:57	Thomas	Arculos	Unattached	Male Senior
107	00:58:58	Joanna	Jeavons	Unattached	Female Senior
108	00:59:02	Laura	Eardley	Unattached	Female Senior
109	00:59:39	Rachel	Goodwin	Unattached	Female Senior
110	00:59:53	John	Taylor	Unattached	Male Vet 50+
111	01:02:18	Andrew	Baldasera	Unattached	Male Vet 50+
112	01:02:24	Shaun	Mills	Unattached	Male Senior
113	01:02:55	Caroline	Smith	Unattached	Female Senior
114	01:05:16	Peter	Thomas	Colchester Harriers AC	Male Vet 50+
115	01:06:45	Helen	Wyllie	Unattached	Female Vet 40
116	01:06:45	Anne	Forteach	Unattached	Female Senior
117	01:06:45	Emma	Bays	Unattached	Female Senior
118	01:06:45	Gavin	Bays	Unattached	Male Senior
119	01:13:53	Lynn	Taylor	Unattached	Female Vet 40