

| Pos | Time | Surname | First Name | Club Name | Category |
|------------|-------------|----------------|-------------------|--------------------------|-----------------|
| 1 | 00:07:34 | Porter | Michael | Colchester & Tentring AC | Boy Under 16 |
| 2 | 00:07:47 | Gibbon | Joseph | Colchester & Tentring AC | Boy Under 16 |
| 3 | 00:07:59 | Powley | James | Ipswich Triathlon Club | Boy Under 16 |
| 4 | 00:08:05 | Statham | Malcolm | Colchester Harriers | Person Over 16 |
| 5 | 00:08:08 | Hillyard | Laura | Colchester & Tendring AC | Girl Under 16 |
| 6 | 00:08:54 | Hinchwise | Michael | Unattached | Person Over 16 |
| 7 | 00:09:09 | Farrell | Jake | Colchester & Tentring AC | Boy Under 16 |
| 8 | 00:09:11 | Diss | Sophia | Braintree AC | Girl Under 12 |
| 9 | 00:09:38 | Moore | Emily | Colchester Harriers | Girl Under 16 |
| 10 | 00:09:42 | Shergold | Ben | Unattached | Boy Under 12 |
| 11 | 00:09:43 | Hewes | Thomas | Unattached | Boy Under 8 |
| 12 | 00:09:58 | Ellis | Thomas | Unattached | Boy Under 12 |
| 13 | 00:10:23 | Sage | Joshua | Unattached | Boy Under 12 |
| 14 | 00:10:23 | Bown | Paul | Unattached | Boy Under 16 |
| 15 | 00:10:29 | Nunn | Thomas | Unattached | Boy Under 12 |
| 16 | 00:10:48 | Lynch | Hannah | Unattached | Girl Under 12 |
| 17 | 00:10:53 | Hillyard | Martyn | Colchester & Tendring AC | Boy Under 12 |
| 18 | 00:10:54 | Macmillen | Finlay | Unattached | Boy Under 8 |
| 19 | 00:10:57 | Iredale | Eilen | Unattached | Boy Under 16 |
| 20 | 00:11:03 | Iredale | Owin | Unattached | Boy Under 12 |
| 21 | 00:11:10 | Moore | Bethanie | Colchester Harriers | Girl Under 16 |
| 22 | 00:11:15 | Coltart | Hannah | Colchester & Tendring AC | Girl Under 16 |
| 23 | 00:11:19 | Moore | Thomas | Colchester Harriers | Boy Under 12 |
| 24 | 00:11:19 | Egan | Jordan | Unattached | Boy Under 16 |
| 25 | 00:11:23 | Mangar | Octavia | Unattached | Girl Under 12 |
| 26 | 00:12:02 | Gementera | Kate | Unattached | Girl Under 16 |
| 27 | 01:12:03 | Wallace | Jessica | Unattached | Girl Under 12 |
| 28 | 00:12:11 | Brereton | Lydia | Unattached | Girl Under 12 |
| 29 | 00:12:12 | Bown | Nick | Unattached | Boy Under 12 |
| 30 | 00:12:13 | Porter | Jennifer | Colchester & Tentring AC | Girl Under 16 |
| 31 | 00:12:24 | Brereton-Ward | Harriet | Unattached | Girl Under 12 |
| 32 | 00:12:30 | Carlin | Conor | Unattached | Boy Under 16 |
| 33 | 00:12:32 | Elliott | Samuel | Unattached | Boy Under 12 |
| 34 | 00:12:45 | Patis | James | Unattached | Boy Under 8 |
| 35 | 00:13:01 | Jarvis | Rob | Unattached | Person Over 16 |
| 36 | 00:13:17 | Statham | Reece | Unattached | Boy Under 16 |
| 37 | 00:13:18 | Thompson | William | Unattached | Boy Under 8 |
| 38 | 00:13:33 | Shergold | Toby | Unattached | Boy Under 8 |
| 39 | 00:13:34 | Johnson | Carla | Unattached | Person Over 16 |
| 40 | 00:13:43 | Rennie | Calum | Unattached | Boy Under 16 |
| 41 | 00:13:57 | Perou | Matthew | Unattached | Boy Under 12 |
| 42 | 00:13:58 | Rennie | Nancy | Unattached | Girl Under 12 |
| 43 | 00:14:01 | Hewes | Daniel | Unattached | Boy Under 12 |
| 44 | 00:14:02 | Bell | Alice | Unattached | Girl Under 12 |
| 45 | 00:14:15 | Hayes | Connor | Unattached | Boy Under 8 |
| 46 | 00:14:16 | Hayes | Barry | Unattached | Person Over 16 |
| 47 | 00:14:19 | Lines | Samuel | Unattached | Boy Under 8 |
| 48 | 00:14:22 | Jarvis | Elise | Unattached | Girl Under 8 |
| 49 | 00:14:29 | Haskey-Jones | Isabella | Unattached | Girl Under 12 |
| 50 | 00:14:44 | Jones | Sarah | Unattached | Girl Under 8 |
| 51 | 00:14:48 | Humphries | Alfie | Unattached | Boy Under 8 |

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| 52 | 00:14:49 | Humphries | Debbie | Unattached | Person Over 16 |
| 53 | 00:14:55 | Statham | Karl | Unattached | Boy Under 16 |
| 54 | 00:15:08 | Thompson | Bethany | Unattached | Girl Under 12 |
| 55 | 00:15:09 | Thompson | Helen | Unattached | Girl Under 8 |
| 56 | 00:15:29 | Sage | Helen | Unattached | Girl Under 8 |
| 57 | 00:15:31 | Sage | Leslie | Unattached | Person Over 16 |
| 58 | 00:15:35 | Porter | Louise | Unattached | Girl Under 8 |
| 59 | 00:15:44 | Jones | Belinda | Unattached | Girl Under 12 |
| 60 | 00:15:45 | Peron | Kate | Unattached | Girl Under 12 |
| 61 | 00:15:46 | Flanagan | Megan | Unattached | Girl Under 12 |
| 62 | 00:15:49 | Shergold | Oliver | Unattached | Boy Under 12 |
| 63 | 00:15:52 | Nunn | Edward | Unattached | Boy Under 8 |
| 64 | 00:15:53 | Collins | Bradley | Unattached | Boy Under 16 |
| 65 | 00:15:57 | Gordon | Molly | Unattached | Girl Under 12 |
| 66 | 00:15:58 | Palmer | Jessica | Unattached | Girl Under 8 |
| 67 | 00:16:05 | Arthur | Kerry | Unattached | Girl Under 8 |
| 68 | 00:16:11 | Palmer | Kate | Unattached | Person Over 16 |
| 69 | 00:16:15 | Lampard | Dafydd | Unattached | Boy Under 12 |
| 70 | 00:16:25 | Arthur | Julie | Unattached | Person Over 16 |
| 72 | 00:16:43 | Palmer | Ella | Unattached | Girl Under 8 |
| 73 | 00:16:50 | Elliott | Alice | Unattached | Girl Under 8 |
| 74 | 00:16:52 | Lodge | Hollie | Unattached | Girl Under 8 |
| 75 | 00:16:59 | Jones | Pamela | Unattached | Person Over 16 |
| 76 | 00:18:25 | Lodge | Rebecca | Unattached | Girl Under 16 |
| 77 | 00:18:26 | Reeve | Louise | Unattached | Girl Under 12 |
| 78 | 00:18:26 | Reeve | Ryan | Unattached | Boy Under 8 |
| 79 | 00:18:27 | Haskey-Jones | Georgina | Unattached | Girl Under 8 |