

Pos	Time	No	First Name	Surname	Club Name	Category
1	00:08:13	787	Michael	Porter	Colchester & Tendring AC	Male 16 and Over
2	00:08:35	770	Alex	Baxter	Hadleigh Hares A.C.	Boy 11 and Under
3	00:08:55	781	Luke	Allen	Halstead Road Runners	Boy 11 and Under
4	00:08:57	767	Emma	Watts	St Edmund Pacers	Girl 15 and Under
5	00:09:17	779	Katherine-Jayne	Watts	Colchester Harriers AC	Girl 15 and Under
6	00:09:21	768	Thomas	Hewes	Unattached	Boy 11 and Under
7	00:09:33	754	Owen	Hayfield	Unattached	Boy 11 and Under
8	00:09:44	743	Rose	Mortimer	Ipswich JAFFA	Girl 15 and Under
9	00:10:08	769	Ewan	Baxter	Hadleigh Hares A.C.	Boy 11 and Under
10	00:10:22	773	Connor	Wakeman	Ipswich JAFFA	Bou 15 and Under
11	00:10:32	780	Matthew	Allen	Halstead Road Runners	Boy 11 and Under
12	00:10:38	772	Harrison	Ward	Ipswich JAFFA	Boy 11 and Under
13	00:11:01	747	Laura	Cooledge	Unattached	Girl 15 and Under
14	00:11:04	797	Max	Ashmore	Unattached	Boy 7 and Under
15	00:11:06	795	Owen	Fletton	Unattached	Boy 7 and Under
16	00:11:18	771	Robert	Hewes	Unattached	Male 16 and Over
17	00:11:29	753	Thomas	Goldsmith	Unattached	Boy 11 and Under
18	00:11:38	778	Chloe	Jermyn	St Edmund Pacers	Girl 15 and Under
19	00:11:46	758	William	Thopmson	Unattached	Boy 11 and Under
20	00:12:25	746	Paul	Cooledge	Unattached	Boy 11 and Under
21	00:12:27	760	Jessica	Wallace	Unattached	Girl 15 and Under
22	00:12:38	766	Lucy	Turner	Unattached	Girl 11 and Under
23	00:13:02	783	Jack	Manly	Unattached	Boy 7 and Under
24	00:13:08	791	Owen	Lancaster	Unattached	Bou 15 and Under
25	00:13:11	744	Zara	Hanman	Unattached	Girl 11 and Under
26	00:14:11	782	Thomas	Starling	Unattached	Boy 11 and Under
27	00:14:12	762	Cara	Ingram-Smith	Unattached	Girl 11 and Under
28	00:14:19	745	Christian	Hanman	Unattached	Boy 7 and Under
29	00:14:21	757	Daniel	Clarke	Unattached	Boy 11 and Under
30	00:14:26	796	Helen	Sage	Unattached	Girl 7 and Under
31	00:14:32	793	Alfie	Humphrey	Unattached	Boy 11 and Under
32	00:14:34	790	Josh	Palmer	Unattached	Boy 7 and Under
33	00:14:37	749	Alexandra	Wilson	Unattached	Girl 7 and Under
34	00:14:38	751	Peter	Wilson	Unattached	Male 16 and Over
35	00:14:39	786	Cameron	McKenzie-Bell	Unattached	Boy 11 and Under
36	00:14:52	752	Sophie	Bullock	Unattached	Girl 11 and Under
37	00:15:06	756	Max	Day	Unattached	Boy 7 and Under
38	00:15:07	755	Alex	Day	Unattached	Boy 11 and Under
39	00:15:08	777	Freya	McAdam	Unattached	Girl 7 and Under
40	00:15:10	775	Sturt	McAdam	Unattached	Male 16 and Over
41	00:15:15	774	Linda	vMcAdam	Unattached	Female 16 and Over
42	00:15:16	812	Sophie	Ramsey	Unattached	Girl 7 and Under
43	00:15:18	798	Freddie	Ashmore	Unattached	Boy 7 and Under
44	00:15:18	799	Sue	Norman	Unattached	Female 16 and Over
45	00:15:24	759	Beth	Thompson	Unattached	Girl 15 and Under
46	00:15:36	784	Oscar	Manly	Unattached	Boy 7 and Under
47	00:16:14	809	Jacob	Gorman	Unattached	Boy 11 and Under
48	00:16:16	810	Emma	Gorman	Unattached	Female 16 and Over
49	00:17:14	801	Millie	Graham	Unattached	Boy 11 and Under
50	00:17:24	815	Sam	Wells	Unattached	Boy 7 and Under
51	00:17:30	814	Abbie	Wells	Unattached	Girl 11 and Under
52	00:17:36	788	Niamh	Carrigan	Unattached	Girl 11 and Under

53	00:18:40	813	Mia	Gorman	Unattached	Girl 11 and Under
54	00:18:41	811	Olivia	Ramsey	Unattached	Girl 11 and Under
55	00:19:05	761	Ruth	Ingram-Smith	Unattached	Girl 7 and Under
56	00:19:06	800	Ruby	Oxley	Unattached	Boy 7 and Under
57	00:19:07	748	Ivan	Wilson	Unattached	Boy 7 and Under
58	00:19:08	750	Anna	Minaeva	Unattached	Female 16 and Over
59	00:20:08	792	Jess	Palmer	Unattached	Girl 11 and Under
60	00:20:10	794	Ella	Palmer	Unattached	Girl 11 and Under
61	00:21:19	802	Serena	Hide	Unattached	Female 16 and Over
62	00:21:37	789	Maia	Carrigan	Unattached	Girl 7 and Under
63	00:21:38	776	Millie	McAdam	Unattached	Girl 7 and Under
64	00:21:38	803	Eve	Oxley	Unattached	Girl 7 and Under
65	00:21:44	806	Richard	Dixey	Unattached	Male 16 and Over
66	00:21:45	804	Matthew	Dixey	Unattached	Boy 7 and Under
67	00:26:24	764	Matylda	Lochowsua	Unattached	Girl 7 and Under
68	00:26:54	765	Justyna	Lochowsha	Unattached	Female 16 and Over
69	00:26:54	763	Ofelia	Lochowsua	Unattached	Girl 7 and Under
70	00:28:29	805	Isabelle	Dixey	Unattached	Girl 7 and Under
71	00:28:29	807	Gracie	Hickmott	Unattached	Girl 7 and Under
72	00:28:29	808	Jenny	Hickmott	Unattached	Female 16 and Over
	dns/dnf	785	Jemma	Graves	Unattached	Female 16 and Over